

Engine House Soup Recipes

Fire House Chili

1 lb. ground round
1 large onion chopped fine
1 14oz. can of diced tomatoes
1 16oz. can of chili hot beans
2 tbsp. hot chili powder
1 tsp.cumin
Salt and pepper to taste
½ tsp. crushed red pepper

Brown ground round and onions in a pan
Drain off excess liquid
Mix in a pot with all the ingredients
Simmer for 1 hour

Serves four

Next month.....Potato Pea Soup